



Fall 2017

Hemophilia Saskatchewan

Fall Newsletter



2366 Avenue C North, Saskatoon, SK S7L 5X5

Tel: 1-866-953-4366 or 653-4366

Email: hemosask@gmail.com

IN COMMEMORATION OF THE 20 YEAR
ANNIVERSARY OF CANADA'S INQUIRY INTO
THE TAINTED BLOOD TRAGEDY,

Hemophilia Saskatchewan

INVITES YOU TO JOIN US FOR AN
EVENING OF REMEMBRANCE AND
REMINISCENCE

Saturday, November 18th, 2017

T.C.U. Place, Saskatoon

Cocktails at 5:30,

Dinner at 6:30.

*Keynote address by Eric Stolte
and private viewing of a portion of
Canada's AIDS Quilt Project to follow.*

PLEASE RSVP TO LEE_BRITT@HOTMAIL.COM
OR 306.341.2416 BY NOVEMBER 1ST.

GROUP RATE HOTEL ROOMS AVAILABLE AT
RADISSON HOTEL SASKATOON.

greetingsisland.com

President's Message

Hello All!

The fall edition of our newsletter is here, marking the final months of activities for Hemophilia Saskatchewan for 2017. One major event that I would like to draw your attention to is the Commemoration of the Tainted Blood Tragedy 20th Anniversary. Hemophilia Saskatchewan is hosting a viewing of the AIDS quilts that were created by victims of AIDS followed by a dinner reception. It is always important for us to never forget what happened in the Canadian blood system years ago, and always participate in activities that will remind us and help us stay vigilante as a major voice in keeping blood safe. We ask our membership to take a few moments of your day on November 18 and take part in our come and go Rose ceremony, and pay respects to those who are lost to us as a result of tainted blood.

Following our commemoration we will be turning the theme from one of remembrance to one of celebration. We hope to see you on the Sunday following the Commemoration for our Family Christmas party. We would love to see you there, see details within the newsletter. Also don't forget to purchase your Grey Cup pool tickets, fingers crossed that the Rough Riders head to the play offs.

We continue to do our best to connect with our membership and we are hoping that you are able to be a part in any activity that we organize. Please keep in contact with us through phone, email, Facebook and Twitter.

Have a wonderful Fall!!!

Wendy Quinn



Board of Directors

President:	Wendy Quinn	Director:	Angie Bedard-Haughn
Vice President:	Celena Moody	Director:	Brittany Lee-Acton
Treasurer:	Angela Lucyshyn	Director:	Kimberly Kroll-Goodwin
Secretary:	Vanessa Lockhart	Director:	Vacant
		Director:	Vacant

**Want to know more about
Hemophilia Saskatchewan?
Check us out online at**

Internet: www.hemophiliask.ca

Twitter: [@HemophiliaSask](https://twitter.com/HemophiliaSask)

Facebook: [Hemophilia Saskatchewan](https://www.facebook.com/HemophiliaSaskatchewan)

Tavis Duncan Foundation

Through the Tavis Duncan Foundation , Hemophilia Saskatchewan is able to offer help for parents seeking to defray a percentage of the costs associated with the maintenance and treatment of children with hemophilia. Application for coverage is to be made in advance, if possible. Applicants must be registered members of Hemophilia Saskatchewan.

The Foundation will reimburse for items and/or expenses such as:

- * the purchase of safety apparel (ie. head gear, elbow pads)
- * \$50.00 per year per affected child, under the age of 18 years, towards the purchase of adequate footwear
- * assistance with in-hospital costs during an extended visit
- * assistance with out of province medical costs
- * summer camps
- * an educational opportunity for a family member to increase their knowledge of hemophilia

For application forms, please contact the Hemophilia Saskatchewan office by mail, phone or email.

Hemophilia Saskatchewan
2366 Avenue C North,
Saskatoon, SK S7L 5X5 Phone:1-866-953-4366 or 653-4366
Email: The Duncans at sldaizy@yahoo.com or hemosask@gmail.com



It's easy to make a buck. It's a lot tougher to make a difference.



**“Hemophilia Saskatchewan thanks all our volunteers
for their ongoing support”**

Saskatchewan Bleeding Disorders Program



SAFER EVERY DAY



Saskatoon Health Region invites you to get involved in protecting your health and safety by helping us build our new Safety Alert System!



If you or your family member are feeling concerned about your safety, please speak with a member of your care team first. If you are still concerned, please call:

306-655-1600



The Safety Alert System line is **available 24 hours a day, 7 days a week**. You'll speak to one of our friendly coordinators who will fill out your report for you and determine what level of assistance you may need.



The coordinator you speak with will give you a tracking number. Please write this number down. At any time, you can call back and check on the status of your report using your tracking number.



Saskatchewan Bleeding Disorders Program



The Safety Reporting Phone Number and How to Use It

This past spring was my first trip to the emergency department with my own child. As a health care professional I was able to understand the system and how it worked, what I could do in order to help our visit and yet, emotions welled up at times leaving me wanting to just get what we need and get back to our home and our safety.

As parents when we make the decision to go to emergency or connect with a clinic, it might mean that other things in your day to day life need to be changed or put on hold. It means sitting in an uncomfortable waiting area, it means describing your situation to more than just one health care professional, it means wondering if this really is an emergency and do I really need to be here. Waiting, finding out what tests need to be ordered, sitting or lying down for an uncomfortable scan. Trying to communicate about a particular need and the urgency of being treated first regardless of the injury can be a frustrating and even devastating task.

One concern that has come to our attention over the past couple of years is how the Treat First card is under recognized in the emergency room department. In order to receive best care, there are a couple of things you can do when you feel overwhelmed. The first is to be sure to show your TreatFirst card and explain you work with a hematologist who has provided recommended treatment. If you find you are not being listened to, ask to speak with a manager. If this does not happen or is taking more than 30 minutes, you can then phone the safety reporting line.

As a patient in our health region, it's important that you know that this safety line is about getting you proper care in the time you need it. Many people are worried that it will impact their care and they want to avoid any confrontation. This is about safety and making the hospital and place for you to receive the treatment you need. When you phone this line, you will provide your information and they will have someone respond immediately.

The number is posted around the hospital and should be at every bedside. You can also talk to us about putting it on your Treat First Card so it's with all of your other information. As always, let us know if you have any questions about this number and how to use it.

Jennifer King BSW, RSW

SBDP Social Worker

306-655-6503

Reminders to Those with a Bleeding Disorder Who Will be Undergoing Surgical or Dental Procedures

Our goal is to always provide our clients with a safe and effective plan of care while also keeping your optimal health and recovery in mind. In order to prevent bleeding complications, we ask that you remind your physician or dentist of your bleeding disorder on each visit. Take ownership and be proud to share with healthcare professionals what you know about your condition! Become familiar with your bleeding disorder and know the name of products you need to prevent a bleeding episode. Show your physician and/or dentist your Factor First / Treat First card on a pre-op visit/assessment. Ensure these professionals are aware to call us directly with any questions that arise.

Always ensure that you let the Saskatchewan Bleeding Disorder Team know well in advance of the procedure: **We need at least 2 weeks' notice of a date booked for surgical or dental procedures.** A phone call discussion with the nurse coordinator ahead of time can provide you with clarity on details for your surgery and hospital stay.

Any clients on home infusion should not have to bring in their product from home if their product is administered in hospital. Preparing yourself and family should be all that is expected of you.

The Nurse Coordinator will:

- Ensure coagulation product orders are prepared and reviewed with the Hematologist familiar with you.
- Process the orders by mail/fax once the nurse educator and staff nurses have been educated on how to mix and administer the product.
- Alert the transfusion lab staff to arrange for appropriate coagulation product to be ordered in from CBS (Canadian Blood Services), and be available.
- Alert the coagulation lab staff of lab work details to ensure they have adequate staff to process the factor level results requested, and report these to the Hematologist/nurse coordinator.
- Provide ongoing support to ward staff unfamiliar with factor concentrates and/or specific lab work requests.
- Ensure clarification prior to your discharge on the number of follow-up doses of factor to be given at home and/or a local hospital setting. (Also determine who will be administering these doses).

Any questions or concerns that arise please don't hesitate to call the nurse coordinators at (306) 381 - 4185.

We will be happy to assist!

Submitted by: Nancy Hodgson
Clinical Nurse Coordinator
Saskatchewan Bleeding Disorders Program



Insurance and Medical Conditions—

Considering Insurance? There can be a lot of information and a lot to consider when looking at medical insurance for you or your family. The Canadian Hemophilia Society has provided a breakdown of what you should consider when looking at insurance.

Start at the CHS website <http://www.hemophilia.ca/en/>. On the left menu bar click on Support and Education. From the new menu pick Insurance Coverage.

Here you will find three categories:

Individual Insurance Coverage – Working with a licensed insurance broker, anticipating needs, knowing your policy, disclosing your health status guaranteed insurability policies, and much more.

Travel Insurance Coverage – Examples of travel insurance and issuers, travel outside your province, studying abroad and away from your province, visitors and new arrivals to Canada and other helpful tips.

Provincial Drug Insurance – Provincial coverage, coverage levels for prescriptions drugs frequently used, anti-retroviral drug plans and provincial drug coverage and chronic Hepatitis C medication.

You can also find information on the OmbudServices for Life and Health Insurance (www.olhi.ca).

I carry copies of this information to all clinics so please ask if you want to review with me.

Jennifer King RSW
SBDP – Social Work



Hemophilia Saskatchewan “Physical Activity” Bursary Program



The Physical Activity Bursary program is available through Hemophilia Saskatchewan. It is a great program which helps financially assist members of Hemophilia Saskatchewan to stay active in recreational or sporting activities. It is available to children 18 years and younger, but also, youth and adults who are members of Hemophilia Saskatchewan.

This chapter funded program promotes a healthy lifestyle through safe physical activities. It gives you the opportunity to discuss your sports or recreational activity involvement with the Physiotherapist, therefore addressing any questions or concerns you may have in regards to preparation for each type of physical activity. I look forward to assisting anyone interested in applying for this beneficial program.

Give me a call, JoAnn Nilson, Physical Therapist, SBDP, 306-655-6628

HEMOPHILIA SASKATCHEWAN CHRISTMAS PARTY

November 19, 2017

At 11:00am.

Radisson Hotel

3rd Floor 405-20th St E, Saskatoon



Swimming 11:00-1:00

Lunch 1:00

Gift opening to follow

Please let us know by Nov 10 if you
will be attending. Sign up at

www.hemophiliask.ca ,

leave a message at 1-866-953-4366,

or email hemosask@gmail.com.

We will require the ages of all children
and the number of family members
attending.

Remember to bring swimsuits and
towels.

Parents to supervise their children
at all times.

Sponsored by
Hemophilia SK

Louise Paisley Memorial Bursary Application

\$500.00 to be awarded to student with a bleeding disorder or family of a person with bleeding disorder enrolled in a post secondary education program.

Eligibility Criteria

Student enrolled in a post secondary education program

Student could be:

Diagnosed with a bleeding disorder

Family of a person diagnosed with a bleeding disorder

Family is defined as siblings, children, parents or grandparents of a person diagnosed with a bleeding disorder

Student must be a member of Hemophilia Saskatchewan

Bursary Application must include:

Current resume

Transcript of high school marks if applicable

Acceptance letter to post secondary institute

2 letters of reference

Personal Information:

Surname: _____ First Name: _____

Permanent Address: _____

Email: _____ Telephone: _____ Cell: _____

Bleeding disorder diagnosed: _____

Name of Family Member with diagnosed bleeding disorder: _____

Check one: _____ Sibling _____ Parent _____ Grandparent

Bleeding disorder diagnosed: _____

Education Information:

Name of Program: _____

Length of Program: _____

Year of Study: _____ Date Program Complete: _____

Bursary will be reviewed annually, this year the **application deadline is November 30, 2017**. Successful applicants will be notified within 4 weeks of review.

Declaration:

I certify that all the above statements made by me are true. If it is found that I have given false information in this application, such falsification will constitute full and sufficient grounds for rejection of this application.

Student's Signature: _____ Date: _____

Please submit application and supportive documentation to:
Hemophilia Saskatchewan
2366 Ave. C North
Saskatoon, Saskatchewan
S7L 5X5

HEMOPHILIA SASKATCHEWAN

2017 Grey Cup Pool



Tickets will be available for purchase in September. If you are interested in buying or selling tickets please contact us at hemosask@gmail.com.
Cut off date for sales is November 26.

	Correct Score	Reverse Score
End of 1st Quarter	\$200.00	\$100.00
End of 2nd Quarter	\$200.00	\$100.00
End of 3rd Quarter	\$200.00	\$100.00
Final Score	\$1000.00	\$100.00

\$25 will be paid for the correct score every score change

For Just \$5.00/ticket... You could be a Winner too!!!

25% Of All Proceeds Will Go Towards Research

Serving The Bleeding Disorders Community

Did you know that Children's Wish Foundation has granted over 20, 000 wishes in the last 30 years? And they do it because wishes make a difference.

"Joy is a wonder drug"

"Wishes work wonders"

(Children's Wish Foundation Website)

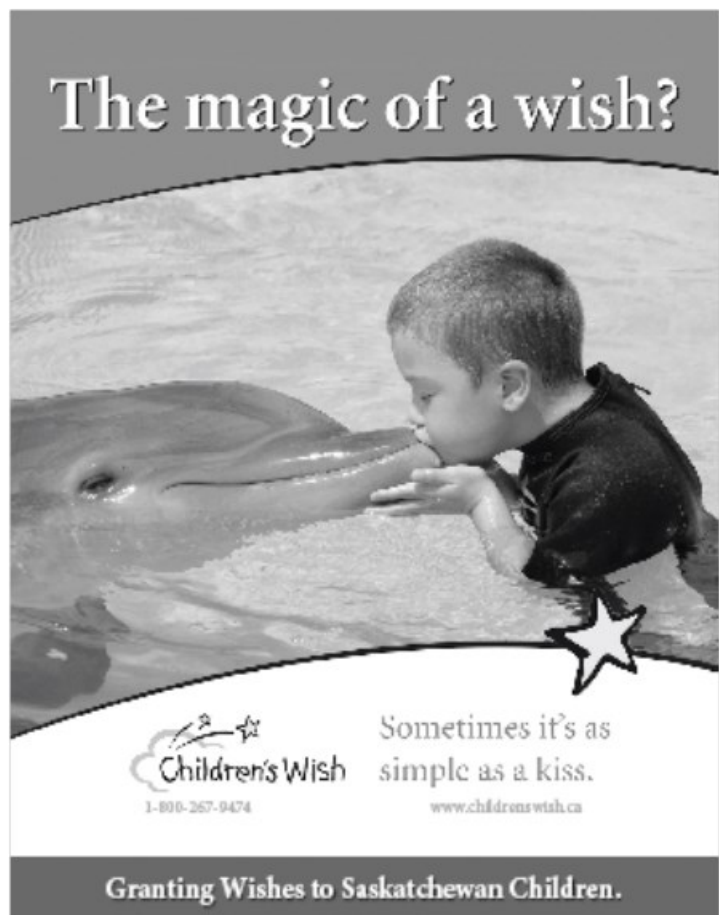
Children with moderate and severe hemophilia and other severe bleeding disorders between the ages of 3-17 can qualify for a wish. Wishes are to be special and meaningful to the child and the possibilities seem endless (take a look at the Children's Wish webpage and read all the stories). Typically the wishes fall into one of three categories: travel, item or celebrity contact (often involves travel). One wish is granted in a child's lifetime although a child can reapply if there are any subsequent, new, high risk life threatening diagnosis.

Anyone can make a referral but the parents or guardians must also express interest to the Foundation. Our contact in Saskatoon is:

Kristen Allen
kristen.allen@childrenswish.ca
 Phone: 306-955-0511

They do require a doctor to confirm the medical condition which will require the parent/legal guardian to sign a consent form for the health region to provide that information. We can help complete this and assist with any forms in order to start the wish granting process.

Jennifer King RSW
 SBDP - Social Work



Hemophilia Saskatchewan "200 Club"

Purpose: To provide a stable, reliable, predictable, ongoing and adequate source for funding. If we can find at least 100 families, groups or individuals who will pledge a minimum of \$200 per year on an ongoing basis for the foreseeable future, Hemophilia Saskatchewan would be assured of a minimum income of \$20,000 per year.

The 200 Club is different from a one-time financial campaign, because it is ongoing, every year for the foreseeable future.

The fund would be administered by the treasurer, who would issue receipts for income at year end. Note that the government allows a 43% tax credit for donations over \$200.

A commitment to the 200 Club is made on the understanding that if the contributors' financial situation changes, the yearly commitment could be discontinued at any time.

The 200 Club is not meant to be an elite, exclusive club. It is a group of concerned committed people who want to see Hemophilia Saskatchewan become self-sufficient, not depending on any help from CHS.



CLIENT SERVICES

Did you know Client Services are available to registered members of Hemophilia Saskatchewan (HSK) who are cared for by the Saskatchewan Bleeding Disorders Program (SBDP).

Client Services and Additional Programs are intended to help our members to defray expenses related to living with bleeding disorders.

Services associated with medical treatment (outpatient or inpatient) must be directly related to treatment of bleeding disorders: either the treatment of a bleeding episode or a surgical procedure that requires extended care due to a bleeding disorder.

To be eligible for reimbursement email hemosask@gmail.com or go online to www.hemophiliask.ca for details. Forms can also be accessed at your next SBDP clinic visit.



Client Services Policy

APPROVED BY HEMOPHILIA SASKATCHEWAN BOARD OF DIRECTORS (March 29, 2014)

Please note – the information contained herein is subject to change.

Please email hemosask@hemophilia.ca for details.

PREAMBLE

Client Services are available to registered members of Hemophilia Saskatchewan (HSK) who are cared for by the Saskatchewan Bleeding Disorders Program (SBDP). Please note that some services are available only to members who meet specific criteria. Contact HSK for any clarification.

To be eligible for reimbursement: 1) a Request for Service form must be completed and authorized by the most responsible practitioner (Group A: Client Services) OR the necessary application form must be completed and additional authorization may be required (Group B: Additional Programs), AND 2) a completed HSK membership application form must be on file (Groups A and B). Members who are listed under their family membership form need to fill out an individual application once they reach 18 years of age.

The policy outlined below is designed to help HSK members find the assistance they need, and guide the HSK Board of Directors as they attempt to balance the needs of members and their families with the limited resources that are available. Misuse of Client Services and/or Additional Programs may result in suspension of privileges.

POLICY

Client Services and Additional Programs are intended to help our members to defray expenses related to living with bleeding disorders. Services associated with medical treatment (outpatient or inpatient) must be directly related to treatment of bleeding disorders: either the treatment of a bleeding episode or a surgical procedure that requires extended care due to a bleeding disorder. Provision of Client Services and Additional Programs are subject to approval by the HSK Board of Directors and availability of funds, and may change at any time without notice.

Hemophilia Saskatchewan will cover only those expenses that are authorized through the Request for Service form; payment will be provided after service is received. The member is liable for all other expenses. Hemophilia Saskatchewan will not cover expenses that other agencies or extended health care plans cover. Decisions of the Board of Directors, or its designated committees, are final.

PROCEDURES

All requests for reimbursement must be in writing. Members must complete the Request for Service (or other form for Additional Programs), including any necessary authorizations, and provide the form and original receipts to HSK for reimbursement. The HSK Board of Directors reserves the right to set limits on individual allocations that may be authorized (up to \$750/member/year under Group A; maximums as specified by program under Group B).

All Client Service claims must be made within six months of receiving the service.

GROUP A: CLIENT SERVICES WILL COVER (FULLY OR PARTIALLY):

Please read preamble and policy to ensure you qualify. Request for Service form required.

- TV while member (with bleeding disorder or carrier) is in hospital for treatment of bleeding disorder.
- Parking fees for members and family (not friends) while member is an outpatient or in hospital for treatment of bleeding disorder (one vehicle per day to current daily maximum; NOTE: parking for clinic visits at RUH may be covered through SBDP). Members may remit original receipts for hospital parking within six months of date on receipt for parking not covered through SBDP (i.e., for SBDP clinic days at Regina or Prince Albert).
- Expenses for medical supplies over and above those provided by Saskatchewan Health SAIL program to be considered by the HSK Board on an individual basis.
- Orthopedic splints and boots or orthotic inserts (prescribed by SBDP physiotherapist)
- Expenses (i.e., mileage) associated with travel for out-of-town medical care for treatment of bleeding disorder. This service is for members living >100 km from point of care (typically Saskatoon or Regina).
- Accommodation for members living >100 km from point of care to attend SBDP clinic or for other bleeding disorder related hospital visits – up to a maximum of \$75 per night (for up to five nights per year) for accommodation for medical stays. In Saskatoon, accommodations are available at Laura's Lodge, Netty's Nest, or Ronald McDonald House or members can choose to stay at a hotel of their choice.
- Basic model Medic Alert bracelets or necklaces (limit: one every two years) and the first year enrollment fee; if the bracelet/necklace is lost or broken within the two-year period, HSK will cover half the replacement cost only.
- Ambulance service – one ambulance per year up to 50% of the cost (maximum of \$350) if no other source of funding available.

GROUP B: ADDITIONAL PROGRAMS

For the following services, the Request for Service Form is not required; however, other forms and supporting documentation (such as Physiotherapist approval, etc.) may be necessary.

- Physical Activity Bursary program: this program provides financial encouragement for families to explore appropriate sport activities for children, youth and adults with bleeding disorders. Families are required to fill out the Physical Activity Bursary application form, which must be approved by the SBDP Physiotherapist. Eligible members may apply for one bursary per year, to a maximum of \$250. Forms are available from the SBDP Physiotherapist or HSK.
- Funds are available through the Tavis Duncan foundation to assist with the following expenses (separate application required; form available from HSK):
 - In-hospital costs during an extended visit
 - Out of province medical costs
 - Quality footwear – \$50/pair per year (for children under 18 only)
 - Safety apparel (helmets, knee and elbow pads)
 - Summer camps
 - Educational opportunity for a family member to increase their knowledge of hemophilia

CLIENT SERVICES WILL NOT COVER:

- Educational expenses/re-training expenses other than those specified above
- Routine living or medical expenses, equally incurred by those with or without a bleeding disorder (e.g., dental claims)
- Commercial health spa memberships
- Winter boots and work-related footwear
- HSK reserves the right to disqualify any request for service which has not been authorized.

ALL ABOVE SERVICES ARE SUBJECT TO AVAILABILITY OF MONETARY RESOURCES.
POLICY MAY CHANGE AT ANY TIME, WITHOUT NOTICE.



HEMOPHILIA SASKATCHEWAN

Canadian Hemophilia Society
 213 - 2366 Avenue C North
 Saskatoon, Saskatchewan
 S7L 5X5
 Tel.: 306-653-4366
 Toll-free: 1-866-953-HEMO (4366)
 E-mail: hemosask@hemophilia.ca

For HEMOPHILIA SASK use only

Date: _____

Approved By: _____

Declined By: _____

Comments: _____

REQUEST FOR SERVICE FORM:

Date of Application: _____ Date Service Received: _____

Name: _____

Address: _____ Postal Code: _____

Phone Number(s): _____

BACKGROUND OF APPLICANT NEEDS, AND PURPOSE OF REQUEST: *(A brief letter may be attached to provide more details)*

REQUEST CHECKLIST:

Amount of funding requested: \$ _____ (Attach original receipts for reimbursement)

Have all other avenues been explored (private health insurance and/or employer benefits, such as Saskatchewan Blue Cross, etc.)? Yes No

If "YES", please provide details:

Are you a member of Hemophilia Saskatchewan* Yes No

*Applicant and/or family must be members of Hemophilia Saskatchewan to access services. If NO, fill out HSK membership form along with this application and submit both together.

Applicant (print): _____ Signature of Applicant _____

Authorized by (print)**: _____ Authorizing Signature _____

**Must be authorized by most responsible practitioner (i.e., attending physician/nurse or member of SBDP team). Signature confirms that treatment is directly related to bleeding disorder, or a surgical procedure that requires extended care due to the presence of a bleeding disorder.



HEMOPHILIA SASKATCHEWAN

Canadian Hemophilia Society

Help Stop the Bleeding

Membership Form

Benefits of membership in Hemophilia Saskatchewan include:

- Opportunity to learn more about bleeding disorders;
- Networking by meeting others facing the challenges you face;
- Opportunity for children and youth, with bleeding disorders, to meet others with the same challenges they have;
- Notification and right to attend all chapter meetings of members;
- Entitlement to vote on any matter voted on by members;
- A free subscription to the *Hemophilia Saskatchewan's Newsletter*;
- Notification of and opportunity to attend HSK events;

Benefits of membership in the Canadian Hemophilia Society include:

- Notification and right to attend all national meetings of members;
- Entitlement to vote on any vote taken of members;
- A free subscription to *Hemophilia Today*, the CHS national newsmagazine serving the bleeding disorders community.

Name: _____

Address: _____

Town/City: _____ Province: _____ Postal code: _____

Telephone number: _____ E-mail: _____

Signature: _____

Family Members (*please list immediate family members including yourself*)

Name	Spouse/ partner/or child	DOB dd/mm/yy	M/F	Type of Bleeding Disorder



HEMOPHILIA SASKATCHEWAN

Canadian Hemophilia Society

Help Stop the Bleeding

Membership Form

- _____ Please check here if you would prefer to receive an electronic copy of our newsletter.
- _____ Please check here if you do not want HSK to send you its chapter newsletter.
- _____ Please check here if we can contact you regarding volunteer opportunities with our chapter.

Hemophilia Saskatchewan (HSK) works closely with the national organization, Canadian Hemophilia Society (CHS). Members of HSK are members of CHS.

Canadian Hemophilia Society will use the information above to:

- build a membership list, as required by the Canada Corporations Act
- send you *Hemophilia Today*

With the exception of CHS, HSK does not sell or give our membership list to others.

2366 Avenue C North, Saskatoon, SK S7L 5X5

Tel: 1-866-953-HEMO (4366) or 306-653-4366

Email: hemosask@gmail.com

improving the quality of life for all people in Saskatchewan living with inherited bleeding disorders Charitable

Reg. # 119139954 RR0001

Hemophilia Saskatchewan Donation Form

2366 Avenue C North, Saskatoon, SK S7L 5X5
Tel: 1-866-953-4366 or 653-4366 Email: hemosask@gmail.com

\$200 Club

The objective is to provide HSK with stable, reliable, and ongoing funding that would help us to plan our activities and reduce reliance on outside sources of funds.

Our goal is to find 100 families, groups or individuals who will pledge a minimum of \$200 per year on an ongoing basis.

A commitment to the \$200 Club is made on the understanding that if the contributor's financial situation changes, the yearly commitment could be discontinued at anytime.

Please note, this donation can be paid in installments through monthly giving.

☐ Yes! I would like to join Hemophilia Saskatchewan's \$200 Club

☐ I prefer to make a onetime donation of \$200

☐ I prefer to make a monthly donation in the amount of \$_____ and will pay with credit card by accessing the online option on website hemophiliask.ca and click on the **DONATE NOW** option.

Monthly Giving Program

Your monthly gift helps Hemophilia Saskatchewan meet its commitments to people affected by bleeding disorders by providing a steady stream of income.

☐ I want to make a monthly donation of \$_____

☐ I have enclosed 12 post dated cheque

☐ I have enclosed 12 post dated cheques for the amount indicated

☐ I prefer to make my monthly donation by credit card and will pay with credit card by accessing the online option on website hemophiliask.ca and click on the **DONATE NOW** option

Please Note: You may cancel or change your monthly donation at any time by notifying us.

One Time Donation

☐ Yes! I would like to support Hemophilia Saskatchewan with a donation in the amount of:

☐ \$250 ☐ \$100 ☐ \$50 ☐ \$25 Other\$_____

I wish to donate by credit card and will submit this online at hemophiliask.ca and will click on the **DONATE NOW** button.

Thank you for your generosity.

Charitable Reg.# 119139954RR0001 is for the amount indicated

The next newsletter deadline is January 12, 2018. Your contributions are always welcome.

Email:
hemosask@gmail.com

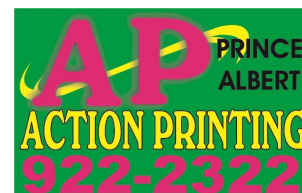
Or send to the office,
2366 Avenue C
North, Saskatoon,
SK S7L 5X5.

Hemophilia Saskatchewan acknowledges Action Printing, Bayer, Bioverativ, Pfizer, SaskTel Telcare, and SaskTel, for the support given to our programs and printing of the newsletter. Thanks to Bayer Inc. for the generous grant supporting this newsletter.



Bioverativ 

SaskTel 



Please Note: Opinions expressed herein are those of the authors, and do not necessarily represent the views of Hemophilia Saskatchewan. We do not guarantee the accuracy of information contained herein, and accept no legal responsibility for information quoted from other sources.

Just a friendly reminder to contact the Saskatchewan Bleeding Disorders Program (SBDP) at least 2- 4 weeks PRIOR to any scheduled surgeries, medical or dental procedures that may cause bleeding.

This would ensure we had adequate time to make the required arrangements to control possible bleeding that may occur, as well as to educate the health care personnel that may be involved with your care/ treatment.

If enough notice isn't received your scheduled surgery, medical or dental procedure could be postponed or even canceled.

The Nurse Coordinators with the Saskatchewan Bleeding Disorders Program (SBDP) at 306-381-4185.

Saskatchewan's Help Lines

For bleeding problems we all know we can contact the **Saskatchewan Bleeding Disorders Program** by phoning our nurse coordinators at (306) 381-4185.

The **Saskatchewan Health Line**, 811, gives you access to a nurse to help you decide, based on your symptoms, if there is a need to see your doctor or a if a visit to the Emergency Room is warranted.

Saskatchewan Consumer Drug Information Service can give you advice on over the counter and prescription drugs as well as herbal remedies.

Phone 1-800-665-3784, or in Saskatoon 966-6378

Updated July 13, 2015



Upcoming Events for 2017/2018

Hemophilia Saskatchewan Commemoration Event	November 18
Hemophilia Saskatchewan Christmas Party	November 19
Deadline for Louise Paisley Memorial Bursary	November 30
Deadline for Winter HSK Newsletter	January 12
Hemophilia Saskatchewan Annual General Meeting	TBA
World Hemophilia Day	April 17

What's new?

If you would like to receive an electronic copy of our newsletter instead of a print copy please email [**hemosask@gmail.com**](mailto:hemosask@gmail.com) with your name and email information.